

MEADOWS VIRTUAL IOP

NOW AVAILABLE FOR RESIDENTS OF CALIFORNIA, ARIZONA, AND TEXAS



Professional treatment and caring community in the comfort of your own living room

Mondays–Thursdays, 9:30 am–12:30 pm

We now offer our same comprehensive outpatient treatment program in a convenient, flexible format that allows people to get the help they need without leaving home.

Why choose virtual?

- You are looking for a safe space to heal
- You can't travel for treatment
- You just want the convenience of a virtual option

PROGRAM DETAILS

Our program addresses mental health, addiction, trauma, and co-occurring conditions using the same curriculum you'll find at our in-person outpatient programs. It also comes with the same community and peer interaction, and you'll benefit from the same highly trained staff overseen by our program directors, monthly lectures by our Meadows Seniors Fellows, directed family work, and a daily self-care focus.

Did you know that many insurers are covering virtual programs at the same level as in-person treatment? We work with Anthem, Cigna, Blue Cross Blue Shield, and more! Our admissions coordinators can help you determine coverage.

Visit [MeadowsVirtual.com](https://www.meadowsvirtual.com) or call 866-814-1845 to learn more!

convenient scheduling | expert staff | privacy protection | digital curriculum | rotating 8-week curriculum